

# Wellbeing Officer

Organisation	Strathclyde Sports Union	Role	Voluntary
Group	Sports Executive Committee	Commitment	4-8 hours per week
Responsible to	Sports Union President	Duration	2020-21 Academic Year

## Main Responsibilities

1.	Support the Sports President to drive forward the Sports Union wellbeing agenda by defining and facilitating the role of Welfare Officers within member sports clubs.
2.	Work with the Sports President, internal partners and external organisations to arrange relevant wellbeing, welfare and mental health training for the Sports Union membership, and Welfare Officers in particular.
3.	Work with sports clubs and relevant partners to deliver key wellbeing events and campaigns, such as November Charities Month.
4.	Assess and develop the Sports Union provision for mental health and wellbeing support, in collaboration with the Sports President.
5.	Support Sports Union staff and other volunteers on the Sports Executive with the general planning, organisation and delivery of key events, such as Sports Ball, Captains Dinner and Elections.
6.	Attend and contribute to all Sports Executive committee and sub-committee meetings throughout the academic year.

## Recommended Skills & Experience

•	Understanding of the barriers facing students with regards to accessing sport at the University
•	Awareness of the Sports Union organisation and internal structures from time served on a club committee
•	Strong communication, organisational, planning and delegation skills
•	Pro-active and enthusiastic individual with a passion for student sport at the University
•	Committed and able to contribute time and effort to the role